

inseparable

**IMPACT REPORT
2023-2024**



BUILDING HOPE



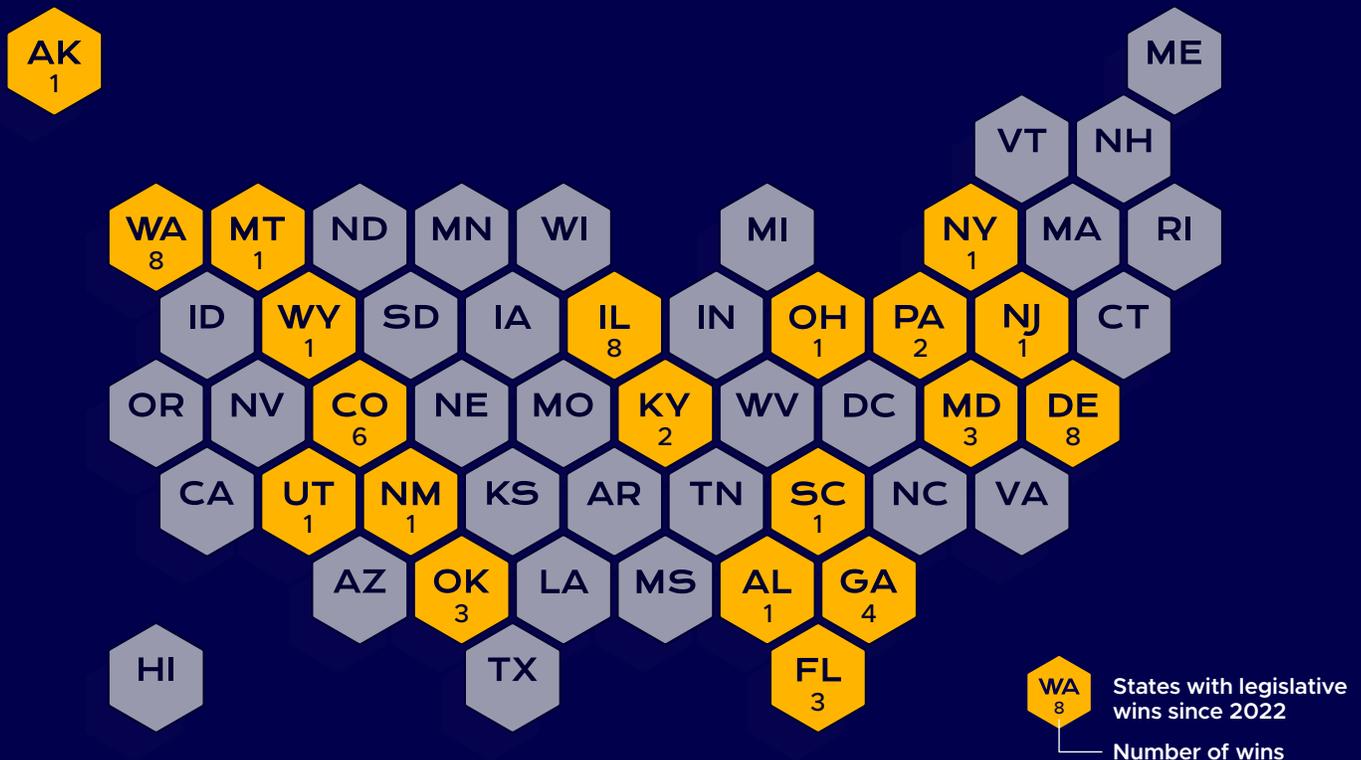
Inseparable believes that better public policies drive life-changing progress in mental health and substance use care.*

Partnering with lawmakers, lobbyists, fellow mental health organizations and thousands of individual advocates, we translate hope to action — and action to wins.

SINCE 2022:

57 decisive wins in **20** states where

33 MILLION⁺ people may benefit



* Throughout this report, all references to mental health include substance use conditions.



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BUILDING HOPE inseparable

IMPACT REPORT 2023–2024

A MESSAGE FROM OUR FOUNDER

“ We are the advocates for hope.

Bill Smith
Inseparable Founder and CEO



**225
lawmakers**
have joined
Inseparable’s
[State Mental Health
Caucus](#)

**1,000+
candidates**
have signed our
[Mental Health
Now statement
of support](#)

**12
Inseparable
staff
members**
now guide our
efforts

Inseparable is committed to life-changing progress in mental health and substance use care for all Americans. In this report, you’ll see our progress over the past two years in building the staff, skills and relationships that accelerate our work.

Our resolve to reshape the public policies that govern mental health care takes us deep into states and communities where we see strong potential for change. This same resolve drives our advocacy for federal policies, funding and leadership that, united with state action, are turning the tide.

The Inseparable team conducts in-depth research and analysis to uncover truths that many vested interests would rather avoid, but fellow advocates recognize as fuel for powerful change.

We are here on behalf of millions who cannot find mental health or substance use care – or must pay an unsustainable price for it, often to the point of bankruptcy.

We are here to witness what happens when our broken system fails, pushing hundreds of thousands into life-threatening crisis situations and, all too frequently, into our jails and prisons.

We are here to call out the stigma and greed that have drained the mental health workforce of talent, pushing lifesaving care even farther out of reach for millions.

A MESSAGE FROM OUR FOUNDER

20+
dedicated
lobbyists
are working in
target states

19
Inseparable
grants
made to partner
organizations
on the ground

71,000+
digital
followers
back our efforts
nationwide

And we are here to ensure the wellbeing and resilience of our young people in the present so that they may build a healthy future.

The wins reflected in this report, including the billions of dollars invested by Congress and the states to improve mental health, show what happens when we bring insight and commitment to the right places at the right times.

We're proud of the unique strategic capabilities that Inseparable brings to the fight. But experience reminds us that lasting impact comes only from collaborative action. Every win we celebrate reflects the power of our partners – candidates, lawmakers, policy experts, health care leaders, enlightened funders, long-time advocates and private citizens – all driven by the mandate to make mental health a core priority for our nation.

We are grateful for your partnership. Everything we have achieved, and hope to achieve next, reflects the commitment and passion we share with you.



Bill Smith
Founder and CEO

“ Hope is the unshakable conviction that change is not only possible, but that it is ours to create – and that the right time is now. ”

OUR VALUES

Caring

We can better care for each other by demanding mental health policies that better care for us all.

Fairness

Different communities have borne a disproportionate and unfair burden of our broken systems, so we must address fundamental unfairness as we create change.

Unity

The health of our minds cannot be separated from the health of our bodies, and we cannot be separated from each other on this issue.

Progress

We are moved by our hearts, but act with our minds, deploying skill, strategy, and innovative tactics to ensure we don't just fight, but win.

Power

Together, we have the power to lift each other up. Together, we are a formidable catalyst for change.

Relentless Hope

Providing hope for those who need it most is critical to our mission, and we will also build a movement by building hope intentionally and constantly.



HOW WE WORK AND HOW WE WIN

Strategic campaign management is Inseparable's core strength. We bring the right tools together at the right time to engage the right partners for change. We are:

Nimble in dialing key capabilities up or down as the situation demands

Strategic in choosing the best people, places and times to take action

Empowered in building the robust skill set required to win



* These activities are carried out by Mental Health PAC, a sister organization of Inseparable Action that marshals resources for candidates who champion better mental health.

Elements of Strategic Campaign Management

● **Research and Framing**

We proactively shape the mental health conversation through original research and polling.

● **Storytelling and Messaging**

We share data, examples and life stories to illuminate the issues.

● **Coalition Building**

We unite stakeholders who are ready to take action with us.

● **Grasstops Mobilization**

We find and work with influential constituents.

● **Movement Building**

We advance the movement with open-source tools for policymakers, advocates and partners.

● **Regulatory Affairs**

We pursue policy change by advocating for effective regulations, backed by strong enforcement.

● **Grassroots/Digital Organizing**

We work with tens of thousands of individual advocates who are ready to mobilize in person or online.

● **Policy Development**

We translate research, data, and on-the-ground experience into workable solutions for policymakers.

● **Political Power Building***

Mental Health PAC, Inseparable Action's sister organization, hosts policy briefings, reaches out to voters and makes strategic campaign contributions.*

● **Policymaker Engagement**

We offer policy expertise, learning and networking sessions and technical help that equips policymakers to win.

● **Government Relations**

We work creatively and collaboratively with leaders at the federal and state level.

* These activities are carried out by Mental Health PAC, a sister organization of Inseparable Action that marshals resources for candidates who champion better mental health.

OUR POLICY PRIORITIES

“ We are relentlessly focused on policy areas that hold the greatest potential to change lives and save lives.

Angela Kimball
Inseparable Chief Advocacy Officer



Youth Mental Health

Addressing mental health at the earliest possible point helps young people live longer, healthier lives.

Access to Care

Ending coverage gaps, denials and delays makes mental health care easier to find and easier to afford.

Crisis Response

Emergency care that focuses on recovery helps ensure that no one's worst day keeps them from living their best life.

Mental Health Workforce

Having more qualified providers in our communities eases the struggle to find care.

THE CHALLENGES THAT DRIVE US

Youth Mental Health

Nearly half of all adolescents **face mental health struggles** at some point¹

20% of youth ages 12 to 17 **experienced major depression** in the past year²

42% of high school students **have persistent feelings of sadness or hopelessness**³

48% increase in deaths by suicide among tweens and teens from 2011 to 2021⁴

45% of LGBTQ+ youth seriously considered suicide in 2021⁵

Access to Care

77% of adults with a substance use condition **receive NO treatment**⁶

Only 54% of adults with a mental health condition **receive care**⁷

Only 1 in 3 people get follow-up care within 30 days of an emergency room visit or hospital stay for mental health or substance use⁸

Nearly 3 in 4 insured adults treated for mental health in the past year **had problems with their insurance**⁹

People go out of network nearly 11 times more often to see a psychologist than a medical specialist¹⁰

SOURCES

- ¹ U.S. Department of Health and Human Services
- ² Mental Health America
- ³ Centers for Disease Control and Prevention
- ⁴ Kaiser Family Foundation
- ⁵ Centers for Disease Control and Prevention
- ⁶ Mental Health America
- ⁷ Substance Abuse and Mental Health Services Administration
- ⁸ Milliman
- ⁹ Kaiser Family Foundation
- ¹⁰ RTI International

THE CHALLENGES THAT DRIVE US

Crisis Response

Half of adults say they have **faced a severe mental health crisis** in their family¹¹

38% of Americans say they don't know what to do if someone they care about has a mental health or substance use crisis¹²

Fewer than 1 in 4 people know about the 988 Suicide & Crisis Lifeline¹³

More than \$6 billion in annual costs for emergency room care of mental health and substance use conditions¹⁴

Mental Health Workforce

Over half of people across the U.S. live in areas with **mental health provider shortages**¹⁵

More than 9 in 10 mental health workers say they have experienced burnout¹⁶

65% of providers have **larger client caseloads** since the pandemic¹⁷

Average reimbursement for a physician assistant office visit is **nearly 20% higher** than for a psychiatrist¹⁸

SOURCES

¹¹ Kaiser Family Foundation

^{12, 13} Ipsos

¹⁴ Agency for Healthcare Research and Quality

¹⁵ Milliman

^{16, 17} National Council for Mental Wellbeing

¹⁸ RTI International

“ **Inseparable is grounded in the realities, and even more devoted to the solutions.** ”

Krithika Harish
Inseparable Co-founder



20
23



Inseparable takes risks for important causes, often choosing to go where others won't.

Alicia Diaz
Inseparable Co-founder and Board Member



MAR

Inseparable polls Republican voters on mental health in 4 early primary states, sharing findings with all presidential campaigns.

MAY

Y Georgia allocates \$26.9 million to improve the ratio of school counselors to students.

A Montana creates a \$300 million dedicated fund for mental health.

Y Colorado allows children and teens qualified for Medicaid to receive mental health services without a formal diagnosis.

W South Carolina passes a measure to join the Psychology Interjurisdictional Compact ([PSYPACT](#)).

Y A Washington State allocates \$1 million for a new rural school telemental health program and a first-ever \$18 million carve-out for youth mental health in the capital budget.

JUN

Inseparable conducts 6 focus groups in 3 states, finding broad bipartisan support for patient protections that improve access to care.

Y Colorado provides school mental health screenings for students in grades 6-12.

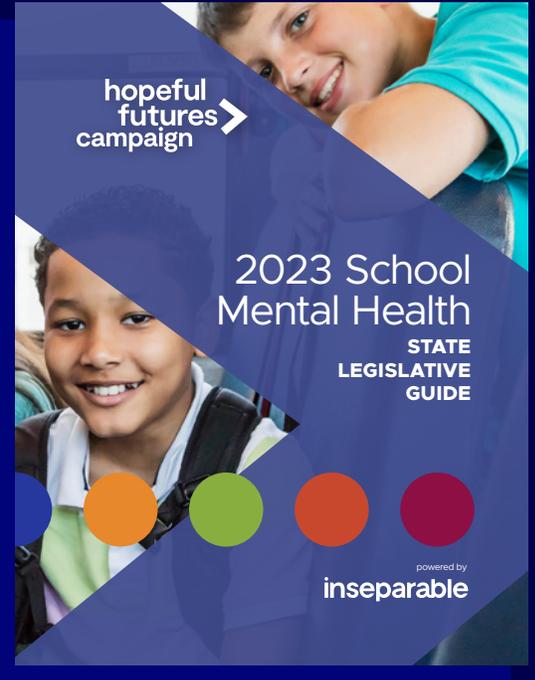
WINS BY
POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
- C** Crisis Response
- W** Mental Health and Substance Use Workforce

MOMENTUM: 2023-2024

20
23

In August, Inseparable releases the 2023 School Mental Health State Legislative Guide during a networking event at the National Conference of State Legislators, attended by members of our State Mental Health Caucus and other interested lawmakers.



JUN

Y **Illinois** appropriates \$5 million for school wellness checks and requires Illinois Departments of Human Resources and Education to collaborate for better student mental health.

Y C **Ohio** creates a cabinet-level position to coordinate children’s mental health services and appropriates \$1.5 million for crisis stabilization centers.

JUL

Y **New Jersey** requires Medicaid coverage of school-based mental health services.

C **Illinois** mandates a study of costs for an effective continuum of mental health crisis response services.

AUG

Y C **Delaware** allows students to take excused absences for mental health and provides grief counseling for students after school-related trauma. Additional measures create a mental health crisis response system supported by a \$0.60 monthly telecom surcharge.

WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
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MOMENTUM: 2023-2024

20
23

In December, Inseparable publishes *Improving Mental Health Care: The Access Report*, revealing progress, opportunities and potential solutions for removing barriers to care in all 50 states.



AUG

Y A **Illinois** establishes a Children’s Behavioral Health Transformation Officer focused on youth with complex mental health needs. A second measure requires health insurance plans to cover annual mental wellness visits without co-pays.

SEP

Inseparable launches a new Policy Fellowship Program to train the next generation of leaders who will work at the intersection of practice, research, and public policy.

NOV

A national poll with Impact Research finds that voters are hungry for better mental health care – and support candidates who favor common-sense solutions.

DEC

Y **Pennsylvania** allocates \$100 million to expand school-based mental health programs.

Milliman and Inseparable release *Access Across America*, new research that reveals access-to-care issues using difficult-to-obtain data from a range of payers.

WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
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- W** Mental Health and Substance Use Workforce

20
24

MAR



Having dedicated lobbyists in targeted states helps us find the right avenues of support and stay agile, even when the political winds shift.

Jake Swanton
Inseparable VP of State Affairs



C W Florida allocates \$11.5 million for mobile crisis response units and directs the state to pursue federal approval for Medicaid coverage of mobile crisis services. Two more measures create behavioral workforce centers at teaching hospitals, establish a state Health Care Innovation Council and fund loans to foster innovation.

Y A W New Mexico invests more than \$26 million for mental health services and provider rate increases, with \$10 million earmarked for children’s mental health.

W New Utah legislation expands the types of licensed mental health providers who can practice in the state, creates a multi-profession licensing board and allows psychologists to prescribe psychiatric medications.

Y C W Washington State establishes youth-specific crisis stabilization centers, joins the Social Work Licensure Compact, funds behavioral health scholarships, requires regional coordination of crisis response efforts and funds post-inpatient transitional housing and mental health support for young adults.

Y Wyoming appropriates \$10 million for mental health services for students in grades K-12.

WINS BY
POLICY PRIORITY

- Y** Youth Mental Health
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**MOMENTUM:
2023-2024**

20
24

APR



Inseparable’s first immersive policy lab for legislators in April 2024 gave us a dynamic way to engage lawmakers and inspire them to bring proven policies back to their states.

Caitlin Hochul
Inseparable VP of Public Policy



- Y C Colorado** lawmakers ban the use of the term “excited delirium” in police and first-responder training to reduce the use of lethal force against people in crisis. A second measure expands the TRAILS program for school mental health professionals and educators.
- Y W Georgia** creates a behavioral health workforce loan repayment and training program and devotes \$1 million to expand the Apex program, a school-based mental health initiative.
- Y Kentucky** creates a multi-disciplinary approach to trauma-informed mental health care in schools and budgets \$8.8 million for early childhood and youth mental health programs.
- A Maryland** strengthens health plan reporting requirements and enhances enforcement authority to put mental health and substance use coverage on par with physical health.
- W Oklahoma** legislators allocate new funding to expand the mental health workforce, modify licensing and training requirements and call for data to define future measures to expand workforce capacity.

WINS BY
POLICY PRIORITY

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20
24

MAY

JUN



Mental health is a right ... we need behavioral health care that is best-in-class and accessible to everyone.

Maryland Governor Wes Moore in our Take 5 for Mental Health series



Our Take 5 for Mental Health video series breaks new ground by featuring the personal reflections of governors, members of Congress and state-level lawmakers committed to mental health reform.

W Georgia passes a bill to join the Social Work Licensure Compact.

A W New York sets a budget rule requiring private insurance payments for outpatient mental health to at least equal Medicaid payments for the same care.

A C Maryland requires that private insurance reviews of mental health claims follow generally accepted standards of care and adopts a \$0.25 telecom surcharge for mental health crisis services.

Y Colorado allocates \$25.8 million to expand a pilot program serving youth with complex mental health needs. A second measure devotes \$5 million to the I Matter program, which offers young people at least 3 free therapy sessions per year.

Mental Health PAC, Inseparable Action's sister organization, begins operations, working to elect courageous lawmakers who prioritize mental health and are willing to take on special interests.

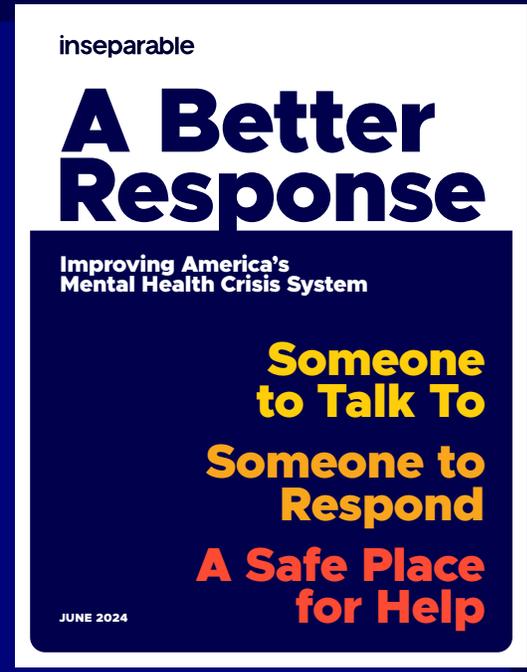
WINS BY
POLICY PRIORITY

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MOMENTUM: 2023-2024

20
24

In June, Inseparable publishes **A Better Response: Improving America's Mental Health Crisis System**, the only research resource of its kind in mental health.



JUL

A Illinois passes a landmark law striking down multiple barriers to mental health care. A second measure bans “junk insurance” plans with little to no mental health coverage. *Learn more in our state case study on [page 23](#).*

Y Pennsylvania allocates \$100 million for school-based mental health services, marking the second major funding increase in 2 years.

AUG

Y Delaware requires Medicaid reimbursement of school-based mental health services and improves ratios of school mental health professionals for grades 9-12.

Y Alaska requires Medicaid coverage of school-based health and mental health services.

WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
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MOMENTUM: 2023-2024

20
24



Because of Mental Health Now, we have relationships with over 500 newly elected officeholders. That's step one in driving real change.

Kathleen Kelly Daughety
Inseparable VP of Campaigns and Civic Engagement



OCT

Y **Michigan** restored \$125 million in funding for school mental health and safety that had been cut from the newly passed 2025 state budget, bringing the total appropriation to \$150 million for the year.

NOV

More than 500 candidates for office who signed Inseparable Action's Mental Health Now statement of support won their elections. As a result, we have new relationships with hundreds of elected officials in positions to advance our policies at all levels of government across the country.

Our Building Hope Strategy Summit brought mental health advocates, champions, and allied organizations together to strengthen our movement to deliver more wins for the people who need better systems, better solutions, and more hope for the future of mental health.

WINS BY POLICY PRIORITY

- Y** Youth Mental Health
- A** Access to Care
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- W** Mental Health and Substance Use Workforce

TRANSFORMING YOUTH MENTAL HEALTH

“ When children and teens need mental health care, families shouldn’t struggle to find it – or to pay for it.

Chris Cordingley
Inseparable Co-founder and Inseparable Action Board Member



Inseparable fights for federal and state measures that bring quality mental health and substance use care to children, teens and young adults at the earliest possible point.

The Hopeful Futures Campaign

In 2021, we launched the [Hopeful Futures Campaign](#) with the support of key policymakers, funders and advocates across the country. This multi-year campaign expands mental health resources that meet children and teens where they are: in our nation’s schools.

- **America’s School Mental Health Report Card**, Inseparable’s state-by-state research report, reveals progress and opportunities in all 50 states.
- **Our State Legislative Guide for School Mental Health** equips mental health champions to win.
- **Partnerships** with state legislative champions and the National Governors Association help us champion strong policies in target states.
- **Parents, educators and community members** sign up for policy alerts and support state-level action.

TRANSFORMING YOUTH MENTAL HEALTH

**A host of mental health
and advocacy groups support
the Hopeful Futures Campaign.**

Active Minds

Bring Change to Mind

California Alliance of
Child and Family Services

Child Mind Institute

Crisis Text Line

Early Childhood Innovation Network
Children's National Hospital

Good Life Movement

Healthy Schools Campaign

Hopelab

Inner Explorer

Mental Health America

Mental Health Literacy Collaborative

Mindful Philanthropy

MomsRising Together

National Alliance on Mental Illness

National Association of
School Psychologists

National Center for School Mental Health

National Collaborative for
Transformative Youth Policy

National PTA

Partnership to End Addiction

Pinterest

Rare Impact by Rare Beauty

Stronger than Stigma

The Center for Law and Social Policy

The Jed Foundation

The Kennedy Forum

The Trevor Project

UNICEF USA

YourMomCares



TRANSFORMING YOUTH MENTAL HEALTH

“ We’re seeing a wave of progress on behalf of children and teens... one that will benefit young people now and throughout their lives.

Keris Jän Myrick
Inseparable Senior VP of Partnerships and Innovation

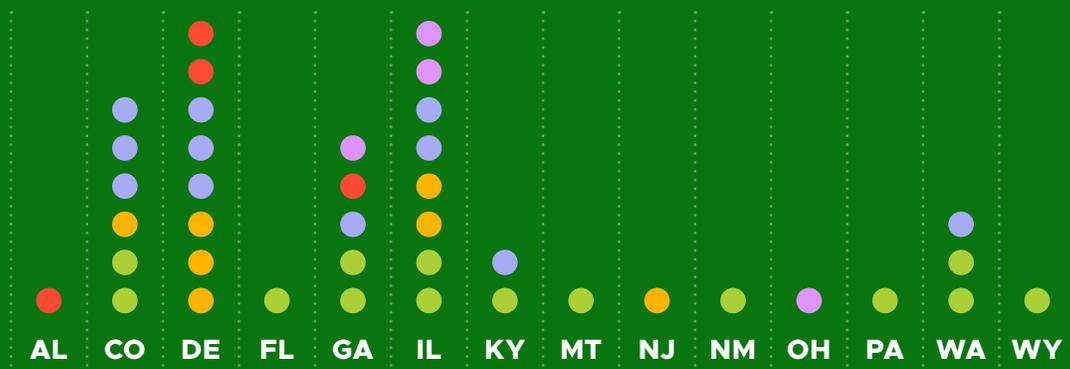


How States Are Changing the Story for Young People

School mental health wins spurred by the Hopeful Futures Campaign combine with measures that boost state funding and bring state agencies together to support children and teens.

14 States Are Leading the Way*

- More State Funding
- Broader Coverage for Mental Health Care
- More School and Community Services
- More Mental Health Staff in Schools
- Better State-Level Administration



* From 2022 through 2024, 29 legislative measures in 14 states have advanced these 5 key goals. Some measures support more than one goal.

TRANSFORMING YOUTH MENTAL HEALTH

More Federal Resources for School-Based Programs

As state measures moved forward, Inseparable devoted energy and expertise to support these wins in Washington, D.C.

The Bipartisan Safer Communities Act of 2022, which invested more than \$1.2 billion in federal funding for school mental health.

The Consolidated Appropriations Act of 2023, which added \$140 million for school-based mental health through Project AWARE (Advancing Wellness and Resiliency in Education).

New federal guidance to foster partnerships among schools, state education agencies and state Medicaid and CHIP plans.

“ I’ve been working in youth mental health for decades, but there is nothing as impactful and promising as the Hopeful Futures Campaign.

Sharon Hoover, PhD
*Co-director of the National Center for School Mental Health
and Director of the Center for Safe Supportive Schools*



INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

“ Our progress in Illinois shows what can be achieved by listening, collaborating and taking bold action at the right time.

David Lloyd
Inseparable Chief Policy Officer



In assessing target states ready for change, Inseparable saw major opportunities in Illinois. Policymakers, advocates and voters agreed on the need to:

- End discriminatory practices in public and private health care plans
- Control the cost of mental health care for people and families
- Make regular mental health screenings widely available
- Expand school-based mental health programs for youth



We utilized the following campaign management strategies:

- Storytelling and Messaging
- Coalition Building
- Movement Building
- Grassroots/Digital Organizing
- Policy Development
- Government Relations

* These activities are carried out by Mental Health PAC, a sister organization of Inseparable Action that marshals resources for candidates who champion better mental health.

INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

Starting in 2021, we built a statewide coalition and brought in lobbyists to forge alliances throughout the legislature.

Our efforts focused on moderate members on both sides of the aisle and the Illinois Senate Insurance Committee. We shared advocates' personal stories with lawmakers and the public and worked with 80+ mental health organizations to support:

- **Requirements for insurance companies** to follow generally accepted standards of care in mental health coverage decisions
- **Wellness checks** for K-12 students across the state
- **Funding and coordination for better crisis response** through the new 988 system
- **Elimination of copays** for annual mental health checkups statewide

In 2023 and 2024, we joined Governor J.B. Pritzker and key champions to push for broader, more comprehensive legislation.

We expanded our relationships with lawmakers, pointing to polling results that showed bipartisan support among voters. Our lobbying and public outreach teams worked to:

- **Advocate for key bills already in progress, including a measure to ban “junk” insurance plans** with little to no mental health coverage
- **Launch a statewide campaign** of patch-through calls, letters, opinion pieces and digital ads to garner grassroots support
- **Boost our efforts to reach specific lawmakers**, signaling our resolve to secure critical votes

INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

In May of 2024, Illinois legislators approved the Health Care Protection Act, one of the strongest measures for better health care in the nation.

This landmark law changes the way health insurance plans must cover mental health and substance use care by:

- **Banning “step therapy” practices** that force people to move through less effective treatments before covering the care their doctors originally prescribed
- **Striking down prior authorization requirements** for in-network inpatient psychiatric care
- **Ending “ghost networks”** by requiring insurers to keep provider directories current and adopting penalties for failure to comply
- **Authorizing the Illinois Department of Insurance to approve or reject rate increases** in large health plans
- **Further strengthening mental health coverage requirements** from the [Generally Accepted Standards of Behavioral Health Care Act of 2021](#)

Bottom: Governor Pritzker signs the Health Care Protection Act into law on July 10.



INSIDE A STATE-LEVEL CAMPAIGN: ILLINOIS

“ For thousands of Illinoisans, the reforms in this bill will mean the difference between suffering with curable health conditions and getting the care that they need in a timely manner. And for some, this bill will quite literally save their lives.



Illinois Governor
J.B. Pritzker

Our Lead Partners in Illinois

AIDS Foundation of Chicago

Community Behavioral
Healthcare Association

Heartland Alliance

Illinois State Medical Society

Illinois Association for
Behavioral Health

Illinois Health and
Hospital Association

Kennedy Forum Illinois

NAMI Chicago

NAMI Illinois

Shriver Center on
Poverty Law

*Top: Bill Smith with Governor Pritzker
after the bill signing.*

**FORGING A PATH
TOGETHER**



Building Hope Strategy Summit

In November, Inseparable convened the Building Hope Strategy Summit, a wonderful day of inspiration and learning with a diverse group of 200 leaders, doers, thinkers and funders from across the country.

We celebrated what we've been able to accomplish together over the past two years; learned from successful leaders from within and beyond the mental health movement; shared strategies to advance work at both the state and federal levels; and provided opportunities for networking, deep conversation, and planning.



FORGING A PATH TOGETHER

We announced several exciting new initiatives at the event:

Win Workshop

A master class in strategic campaigns to equip partners with the expertise to achieve policy wins

Champion Success Program

Tailored supports for our policymaker partners in each stage of the policymaking cycle

Care That's Fair

A communications hub for the mental health movement's fight for insurance reform

Partnership Fund

\$250,000 in grant funding to help state, local and youth-focused partner organizations advance advocacy efforts

Together, we renewed our commitment to make meaningful change for millions of people, guided by a simple idea: good mental health care should be easy to get and easy to afford.



WHERE WE'RE HEADED

**“ The fights will get tougher.
We're ready.**

Amy Runyon-Harms
Inseparable Chief Operating Officer



Life-changing progress in mental health demands clear vision, sustained effort and continuous collaboration.

Here is our strategy to keep the momentum going.

WHERE WE'RE HEADED

Doubling Down in States and Protecting Federal Progress

Transformation of the mental health system demands action at the state and federal levels. We will bring the right tools to the right places at the right time, adjusting our efforts to keep pace with the political and social climate.

State level campaigns in target states where we see:

- The opportunity for life-changing impact
- The ability to build health care equity for all
- Partners and legislative champions ready to fight with us
- The chance to motivate other states in the region

Federal advocacy to improve the mental health of all Americans:

- A strong national voice for reform
- Active partnerships with elected officials and policy experts
- Reducing barriers to state progress
- Preserving coverage and funding for mental health and substance use treatment

Building the Inseparable Team

We will expand the Inseparable staff to meet the demands of our work across the country. New hires will strengthen our:

- Strategic thinking
- Policy development
- Lobbying
- Campaign management
- Messaging, media and public engagement
- Data-driven actions based on research, polls and focus group findings

WHERE WE'RE HEADED

Collaboration That Drives Change

We will continue to build and expand our impact through:

- Inseparable's [State Mental Health Caucus](#)
- Our partnerships with the [National Conference of State Legislatures](#), the [National Governors Association](#) and [Council of State Governments](#)
- The [Mental Health Now](#) program for local, state and federal candidates
- Our Advisory Board
- Fellow advocacy organizations across the country
- Our growing base of funding partners
- Tens of thousands of grassroots advocates across all 50 states

OUR ADVISORY BOARD



Brian Bond
Executive Director,
PFLAG



Patrick J. Kennedy
Former U.S. Representative and
Founder, the Kennedy Forum



José Caballero
Program Committee Member,
Mental Health America



Alvin Lee
Founder and
Executive Director, GENup



Reina Chiang
Mental Health Advocate



Michael A. Lindsey, PhD
Dean, NYU Silver School
of Social Work



Brianna Cayo Cotter
Senior VP of Social Impact,
ViacomCBS



Will Lippincott
Member, Board of Directors,
Didi Hirsch Mental Health
Services



Lishaun Francis
Senior Director of Behavioral
Health, Children Now



Benjamin F. Miller, PsyD
Chair, Inseparable
Advisory Board



Krithika Harish
Senior Program Officer,
Charles and Lynn Schusterman
Family Philanthropies



Norm Ornstein
Resident Scholar,
American Enterprise Institute



Shelley A. Hearne, DrPH
Deans Sommer and Klag Professor
of the Practice for Public Health
Advocacy, Johns Hopkins University



Kathleen M. Pike, PhD
Professor, Columbia University and
Director, Columbia-WHO Center
for Global Mental Health



Zak Williams
Co-Founder & CEO,
PYM (Prepare Your Mind)

OUR NATIONAL STAFF



Bill Smith
Founder & CEO



Jake Swanton
VP of State Affairs



Amy Runyon-Harms
Chief Operating Officer



Kathleen Kelly Daughety
VP of Campaigns
& Civic Engagement



Angela Kimball
Chief Advocacy Officer



Dana Balter
Director of Communications



David Lloyd
Chief Policy Officer



Ali Larson
Political Program Director



Keris Jän Myrick
Senior VP of Partnerships
& Innovation



Germán Partida
Political Program Manager



Caitlin Hochul
VP of Public Policy



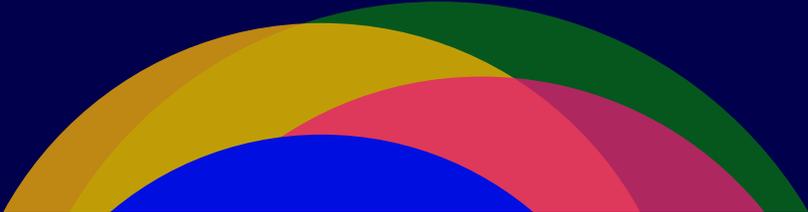
Shaymaa Ennajhi
Communications &
Content Senior Associate

“ Not many organizations can step into the mental health space and shake things up like Inseparable has.

They're driven by a simple, undeniable truth: the mind and body are one, and any policy that doesn't reflect that needs to go. Inseparable isn't just talking about change—they're making it happen, and fast. Whether it's in red states or blue states, they're proving that mental health isn't a political issue, it's a human one. Their bold, no-nonsense approach has already transformed policies across the country, and the changes they're fighting for aren't just short-term wins, however important these may be. This is about creating a future where mental health is prioritized for generations to come—and they're showing us that it's possible.

Benjamin F. Miller, PsyD
Inseparable Advisory Board Chair





“ Jump in. The world needs you.



Bill Smith
Inseparable Founder and CEO

Here are 7 essential ways you can fuel Inseparable’s work:

- 1** Join our network of committed, hopeful people who care about mental health.
- 2** Introduce us to mental health champions in your state or community.
- 3** Follow us on [Facebook](#), [X](#) (formerly Twitter), [Instagram](#) and [LinkedIn](#).
- 4** Share our posts and news with people in your networks.
- 5** Make mental health an open conversation in your home and community, because active dialogue is where change begins.
- 6** Hold your elected officials accountable, asking for their support on key measures that move mental health forward.
- 7** Make a gift to keep our good work going.

inseparable

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