

2.09

STATE PROGRESS: Improving Access to Care

Regardless of type of health coverage, people with mental health diagnoses are being under treated.

WITH COMMERCIAL INSURANCE Only 23.4% received specialty care*

WITH MEDICAID Only 37.4% received specialty care*

Coverage Snapshot

MILLION

people living in

diagnosed mental health condition

Illinois have a

Percentages of the population with either commercial insurance, Medicaid, or no insurance.

Note: Percentages do not equal 100% as some people have Medicare or military coverage.



58.4% WITH COMMERCIAL INSURANCE



19.8% WITH MEDICAID Includes dual-eligibles

covered by both Medicare and Medicaid.



Among people visiting the ER or hospital for mental health or substance use treatment,

only **30.7%**

get follow-up care within 30 days. Drug overdose deaths per 100,000

23.8

Suicides per 100,000 **10.9**

* Specialty care is defined as care from a behavioral health specialist in an inpatient, outpatient, or professional setting.

Sources: SAMHSA, <u>2021 National Survey on Drug Use and Health: Model-Based</u> <u>Estimated Totals</u> (prevalence of mental health conditions) and Milliman, "Access Across America" (2023) <u>Inseparable.us/accessacrossamerica</u> (all other data).

ILLINOIS

1

STATE PROGRESS: Improving Access to Care



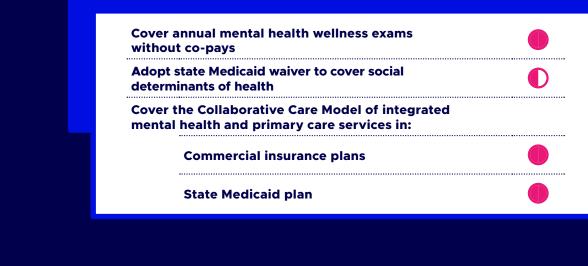
Expand coverage of care

Require plans to use transparent, nonprofit clinical guidelines and cover all medically necessary treatment	
Cover out-of-network care at no extra cost if timely in-network care is not available	
Extend Medicaid eligibility to low-income adults	
Provide Medicaid coverage to persons prior to release from custody	

2 Leverage the mental health workforce



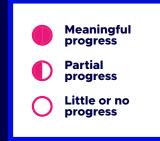
3 Promote prevention and early intervention



State progress: improving access to care

State policymakers across the country have the power to improve access to mental health care.

Inseparable's state snapshots provide an overview of each state's progress in adopting a range of policies in the categories below that make mental health care easier to find, easier to pay for, and more effective for individuals and their families.



1 EXPAND COVERAGE OF CARE		
Policy goal	Scoring	
Require plans to use transparent, nonprofit clinical guidelines and cover all medically necessary treatment	 Enacted legislation No enacted legislation 	
Cover out-of-network care at no extra cost if timely in-network care is not available	Enacted legislationNo enacted legislation	
Extend Medicaid eligibility to low-income adults	 Adopted Adopted, but not implemented Not adopted 	
Provide Medicaid coverage to persons prior to release from custody	 Approved reentry waiver Pending reentry waiver No reentry waiver 	

2 LEVERAGE THE MENTAL HEALTH WORKFORCE

Policy goal	Scoring
Cover telemental health services in commercial insurance and reimburse at in-person rates	 Required coverage at in-person rates Coverage OR in-person rate requirement No coverage or reimbursement requirement
Join the Psychology Interjurisdictional Compact	 Enacted legislation Enacted, but not implemented No enacted legislation
Join the Counseling Compact	 Enacted legislation Enacted, but not implemented No enacted legislation
Join the Social Work Licensure Compact	 Enacted legislation Enacted, but not implemented No enacted legislation
Cover trained peer support specialists in state Medicaid plan	 Covered in Medicaid plan Limited coverage in Medicaid plan Not covered in Medicaid plan

3 PROMOTE PREVENTION AND EARLY INTERVENTION

Policy goal	Scoring
Cover annual mental health wellness exams without co-pays	 Enacted legislation No enacted legislation
Adopt state Medicaid waiver to cover social determinants of health	 Approved health-related social needs waiver Pending or limited approved waiver No health-related social needs waiver
Cover the Collaborative Care Model of integrated mental health and primary care services in commercial insurance plans	 Enacted legislation No enacted legislation
Cover the Collaborative Care Model of integrated mental health and primary care services in the state Medicaid plan	 Enacted legislation No enacted legislation