

# **STATE PROGRESS:** Improving Access to Care

1.08

## MILLION

people living in Wisconsin have a diagnosed mental health condition

**Regardless of type of health** coverage, people with mental health diagnoses are being under treated.

WITH COMMERCIAL INSURANCE Only 36.9% received specialty care\*

WITH MEDICAID Only 47.0% received specialty care\*

#### Coverage Snapshot

Percentages of the population with either commercial insurance. Medicaid, or no insurance.

Note: Percentages do not equal 100% as some people have Medicare or military coverage.



59.8% WITH COMMERCIAL INSURANCE



WITH MEDICAID

Includes dual-eligibles covered by both Medicare and Medicaid.

5.4% ARE UNINSURED Among people visiting the ER or hospital for mental health or substance use treatment.

only 36.3%

get follow-up care within 30 days.

**Drug overdose** deaths per 100,000

21.8

**Suicides per** 100.000 14.7

\* Specialty care is defined as care from a behavioral health specialist in an inpatient, outpatient, or professional setting.

Sources: SAMHSA, 2021 National Survey on Drug Use and Health: Model-Based Estimated Totals (prevalence of mental health conditions) and Milliman, "Access Across America" (2023) Inseparable.us/accessacrossamerica (all other data).

### WISCONSIN

1

#### STATE PROGRESS: Improving Access to Care



#### Expand coverage of care

Require plans to use transparent, nonprofit clinical guidelines and cover all medically necessary treatment	0
Cover out-of-network care at no extra cost if timely in-network care is not available	0
Extend Medicaid eligibility to low-income adults	0
Provide Medicaid coverage to persons prior to release from custody	0

#### 2 Leverage the mental health workforce



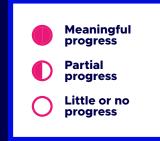
#### **3** Promote prevention and early intervention

Cover annual mental health wellness exams without co-pays	С
Adopt state Medicaid waiver to cover social determinants of health	
Cover the Collaborative Care Model of integrated mental health and primary care services in:	
Commercial insurance plans	С
State Medicaid plan	

# State progress: improving access to care

# State policymakers across the country have the power to improve access to mental health care.

Inseparable's state snapshots provide an overview of each state's progress in adopting a range of policies in the categories below that make mental health care easier to find, easier to pay for, and more effective for individuals and their families.



1 EXPAND COVERAGE OF CARE		
Policy goal	Scoring	
Require plans to use transparent, nonprofit clinical guidelines and cover all medically necessary treatment	<ul> <li>Enacted legislation</li> <li>No enacted legislation</li> </ul>	
Cover out-of-network care at no extra cost if timely in-network care is not available	<ul><li>Enacted legislation</li><li>No enacted legislation</li></ul>	
Extend Medicaid eligibility to low-income adults	<ul> <li>Adopted</li> <li>Adopted, but not implemented</li> <li>Not adopted</li> </ul>	
Provide Medicaid coverage to persons prior to release from custody	<ul> <li>Approved reentry waiver</li> <li>Pending reentry waiver</li> <li>No reentry waiver</li> </ul>	

#### 2 LEVERAGE THE MENTAL HEALTH WORKFORCE

Policy goal	Scoring
Cover telemental health services in commercial insurance and reimburse at in-person rates	<ul> <li>Required coverage at in-person rates</li> <li>Coverage OR in-person rate requirement</li> <li>No coverage or reimbursement requirement</li> </ul>
Join the Psychology Interjurisdictional Compact	<ul> <li>Enacted legislation</li> <li>Enacted, but not implemented</li> <li>No enacted legislation</li> </ul>
Join the Counseling Compact	<ul> <li>Enacted legislation</li> <li>Enacted, but not implemented</li> <li>No enacted legislation</li> </ul>
Join the Social Work Licensure Compact	<ul> <li>Enacted legislation</li> <li>Enacted, but not implemented</li> <li>No enacted legislation</li> </ul>
Cover trained peer support specialists in state Medicaid plan	<ul> <li>Covered in Medicaid plan</li> <li>Limited coverage in Medicaid plan</li> <li>Not covered in Medicaid plan</li> </ul>

#### **3 PROMOTE PREVENTION AND EARLY INTERVENTION**

Policy goal	Scoring
Cover annual mental health wellness exams without co-pays	<ul> <li>Enacted legislation</li> <li>No enacted legislation</li> </ul>
Adopt state Medicaid waiver to cover social determinants of health	<ul> <li>Approved health-related social needs waiver</li> <li>Pending or limited approved waiver</li> <li>No health-related social needs waiver</li> </ul>
Cover the Collaborative Care Model of integrated mental health and primary care services in <b>commercial insurance plans</b>	<ul> <li>Enacted legislation</li> <li>No enacted legislation</li> </ul>
Cover the Collaborative Care Model of integrated mental health and primary care services in the <b>state Medicaid plan</b>	<ul> <li>Enacted legislation</li> <li>No enacted legislation</li> </ul>